

Knowing the seasons in life

It's one question which you'll face again and again in life, which season of life am I in? **Ecclesiastes 3** suggests there are many such seasons, times to speak or be silent, times to stay doing something or leave to do something else.

It takes guts to change a circumstance even if you hate going through it, day after day. The point here is, change can become a good friend, if you pray and have a sense of peace about the change decision you are about to make, then go for it, what do you have to lose? It might be changing job, a house move, going back to study, finally asking that person you've liked for so long to go out on a date. Seasons of life are there for a reason and every one of them has a start, middle and end point, what is your next season?

Quote

Seasons of life are our friends not enemy's, welcome them, don't fear them.

Prayer

Heavenly Father, help me to know my own season of life and, and if I change something, give me the courage to do it. Amen

Action Point

It's always good to have a short break to define the end of one season and the start of another, go one treat yourself to a few days off.

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